

## Community support

Community Living Victoria's work would not be possible without the generous support of hundreds of individuals and businesses. Community Living Victoria receives its core funding from Community Living BC. Other sources of funding have included the United Way of Greater Victoria, Ronald McDonald House Charities, the Heart of Variety Fund, the Queen Alexandra Foundation for Children, the Victoria Foundation and the Community Living Victoria Foundation.

## The Foundation


The Community Living Victoria Foundation was established in 1995 to raise funds and awareness that benefit the children, adults and families supported by Community Living Victoria.



The Foundation, an independent, registered charitable organization with its own board of directors, provides for funding and public awareness opportunities through planned giving, sponsorships and a speakers' bureau.



Community Living  
VICTORIA

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## Our Mission

Community Living Victoria supports people with developmental disabilities together with their families and support networks by promoting their full citizenship and inclusion in the community.



Community Living  
VICTORIA

Different abilities. One community.

## Parent Support Program

### Who we are

On December 16, 1955, a group of dedicated parents founded what is now called Community Living Victoria. Today, as the largest non-profit community living service provider on Vancouver Island, Community Living Victoria provides a range of support services to children and adults with developmental disabilities and their families.



## Our values

Our work is guided by our values, experience and history and draws from strong roots in the community. Community Living Victoria recognizes the rights of everyone to have a full range of life choices, including access to education, affordable and appropriate housing, leisure options, gainful employment and participation in the community. A healthy community encourages the involvement of everyone.

## Parent Support Program

We believe that all individuals who have children are entitled to the support they need to become more effective parents. As the primary decision makers, parents need options and choices to best care for their children.

Community Living Victoria provides parents with developmental disabilities the resources they need to best care for their children.

## Our goals...

- > to enhance parent-child relationships;
- > to maximize the ability of parents to independently care for their children;
- > to provide practical knowledge and information to parents;
- > to encourage families to develop personal support systems; and
- > to assist families in accessing community resources.

## We provide information on...

- > pre- and post-natal care;
- > practical infant and child care;
- > activities and play for children;
- > home safety and first aid;
- > expectations, limit-setting and discipline;
- > budgeting, shopping and nutrition;
- > connecting with community resources;
- > finding the best available child care and housing and applying for subsidies;
- > mom-and-tot groups for support, education and friendship; and
- > planned parenthood.

## To receive support

Individuals can call Community Living Victoria directly, or be referred by Community Living BC, a public health professional or other community agencies.

Upon referral, a Parent Support Program worker will meet with the parent or parents and other support workers if desired. Together, they will assess the family's needs and set reasonable goals based on the strengths and needs of the family.

Support is offered at no cost, and confidentiality is assured.

Parents must be assessed through Community Living BC as having a developmental disability to be eligible for support.

*"The most important thing I learned in the Parent Support Program was that I am able to make good decisions and to feel more confident with my parenting skills."*